

# Peteey THE PUP

SNIFFS OUT



TOBACCO DANGERS!

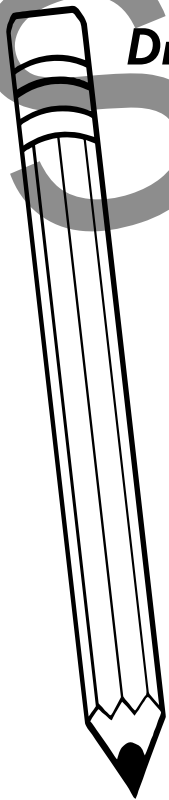
COLORING &  
ACTIVITY BOOK



My name is: \_\_\_\_\_

**I will help Petey the Pup  
say "NO" to Tobacco.**

*Draw a picture of yourself with Petey.*



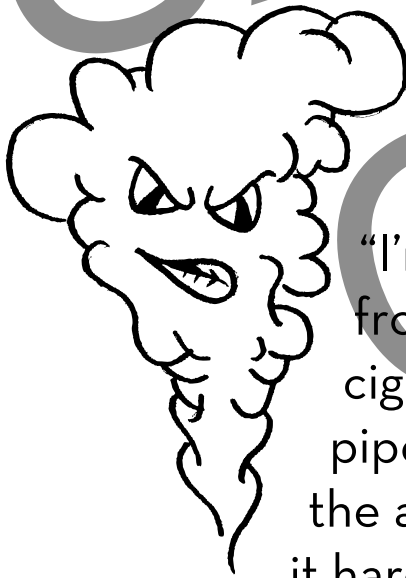
# Let's be Friends!

Check the box of the character you want to be friends with.

"I'm a cigarette. I will fill your lungs with smoke and make you cough."



"I'm smokeless tobacco. I will make you spit brown goop and make your gums bleed."



"I'm smoke from cigarettes, cigars, and pipes. I will fill the air and make it hard for you and others to breathe."

"I'm Petey. I will help you make healthy choices by learning

how to eat well, exercise, and say 'No' to tobacco."

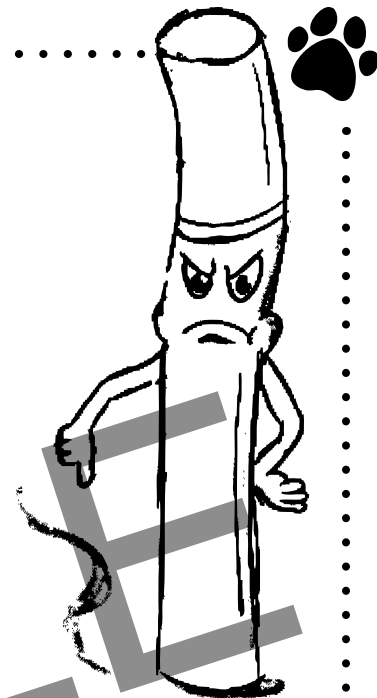


One hour of play is a great way to exercise. Try riding your bike, playing hide-and-seek, or swimming for an hour each day!

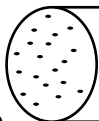
**SUPER FACT**

# Healthy Choices Word Search

Use the word bank at the bottom of the page to find fun things to do instead of using tobacco.



W K H B O O K S  
J J L B V J M R  
U D S R U N O T Y O  
M S O P D K N H H S  
P W C L E I K L G W  
R I C B I K E S F I  
O N E S X P Y Z D M  
P G R H C L B A V H  
E S L I Z A A S G Y  
B N F K S Y R E A D  
T E L E V I S I O N



play  
swim

bikes  
books

television  
hike

jump rope  
monkey bars

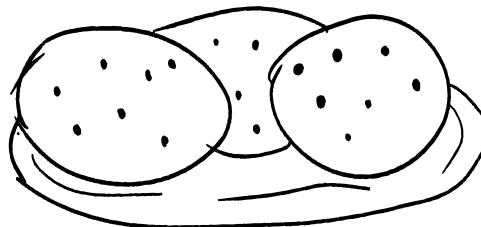
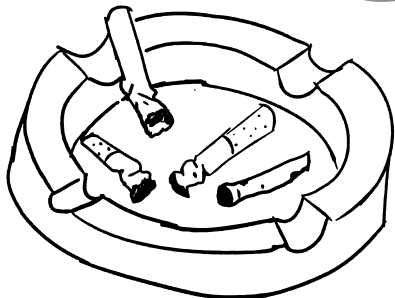
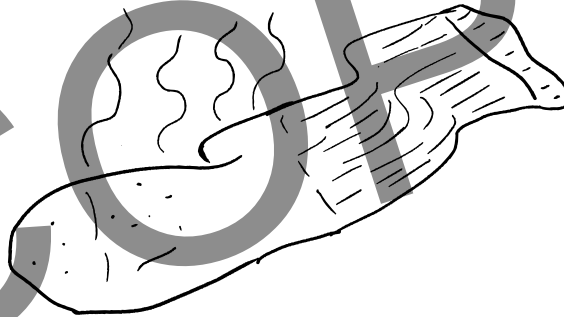
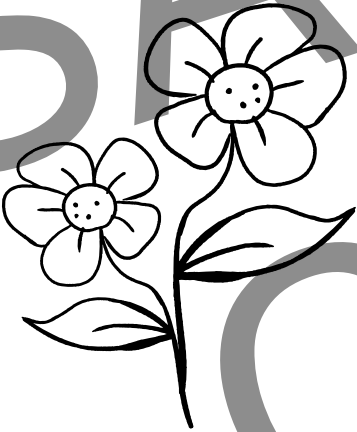
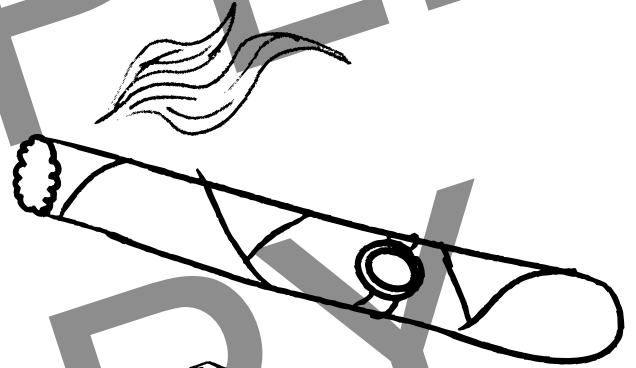
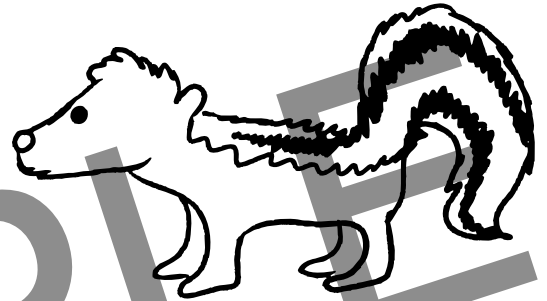
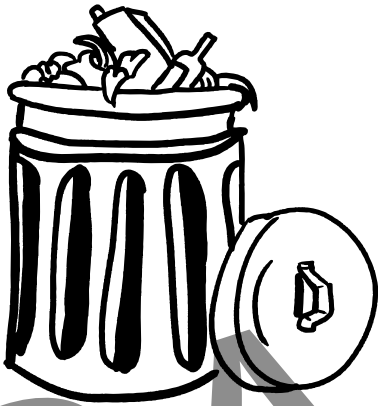
swings  
soccer

run  
read

# Tobacco Stinks

Draw an X on the stinky items below.

Color the things that smell good.



Using tobacco makes your clothes, hair and your breath smell bad.

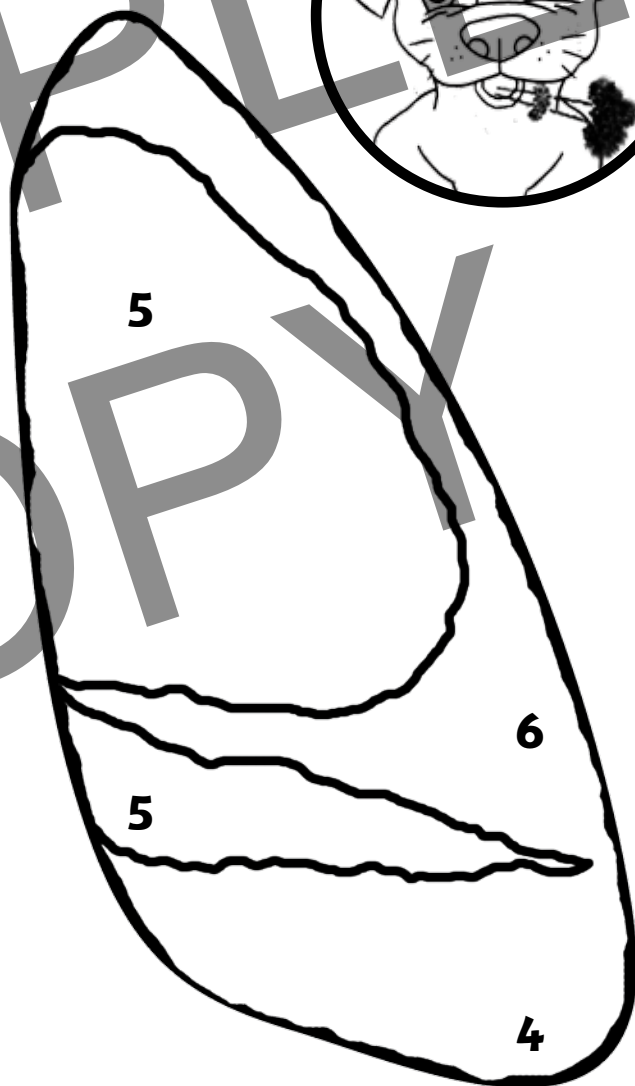
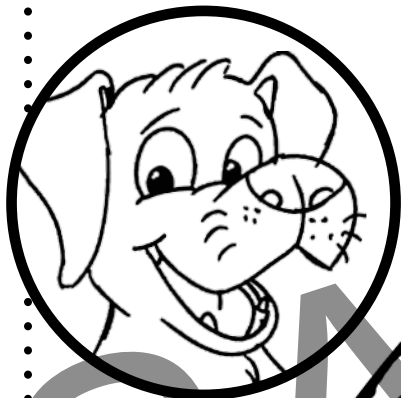
**SUPER FACT**



# Breathe Easy

Use the numbers and their matching colors to color one healthy lung and one unhealthy lung.

- 1-Pink
- 2-Red
- 3-Yellow
- 4-black
- 5-gray
- 6-brown



This is a healthy lung. This is what your lungs look like when you make healthy choices like saying "No" to tobacco.

This is an unhealthy lung. This is what happens to your lungs when you make bad choices like using tobacco.



# Pearly Whites

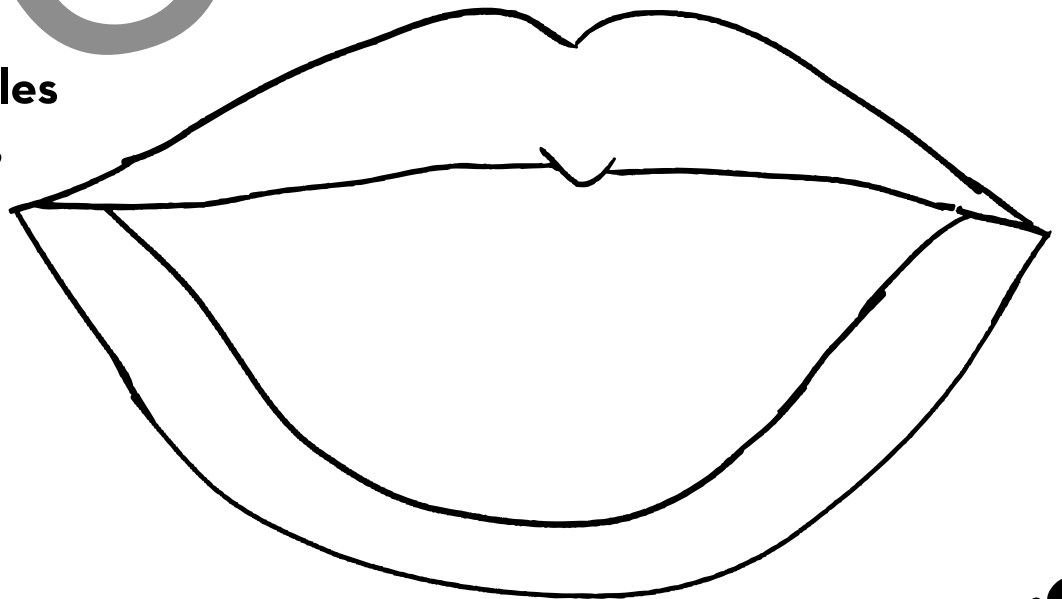
*Tobacco will ruin your teeth. Color Petey with a healthy mouth and teeth, and then draw the teeth of a person who uses tobacco.*

**A Healthy Mouth Has:**

- Shiny Teeth
- Sparkly Smile
- Pink Gums

**An Unhealthy Mouth Has:**

- Broken and Missing Teeth
- Yellow Teeth
- Mouth Wrinkles
- Bloody Gums

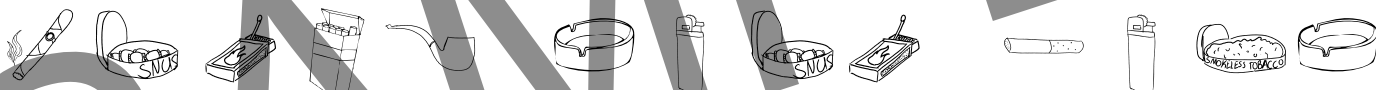




# Tobacco's Dirty Secret

Use the picture code to solve the message.

# TOBACCO:



**B**



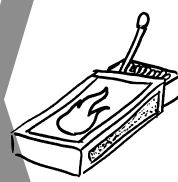
**D**



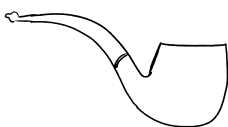
**H**



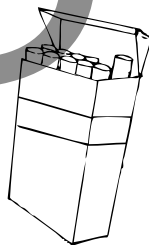
**O**



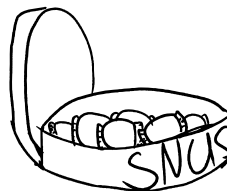
**R**



**S**



**T**



**U**



**Y**



**SUPER FACT**

Tobacco is bad for your brain, your heart, your lungs and even your skin.





# Maze Craze

Help Petey get through the maze and avoid all of the dangerous tobacco products.



start

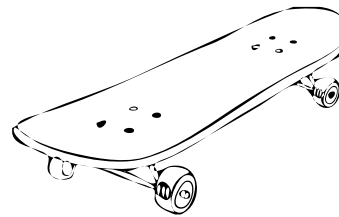
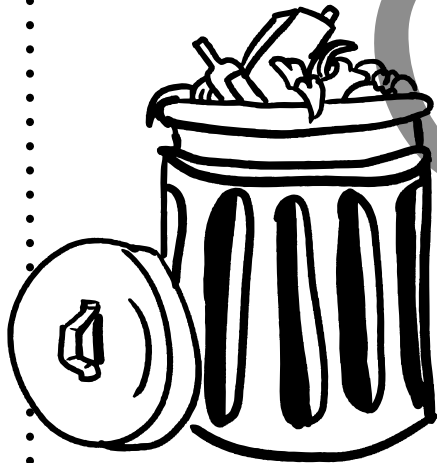
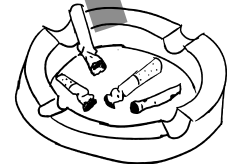
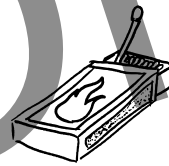


finish

# Money Well Spent

Don't give your money to the cigar boss!

Draw a green line to add fun and healthy things to your shopping cart, and draw a red line to throw away things you would not waste money on into the trash can.

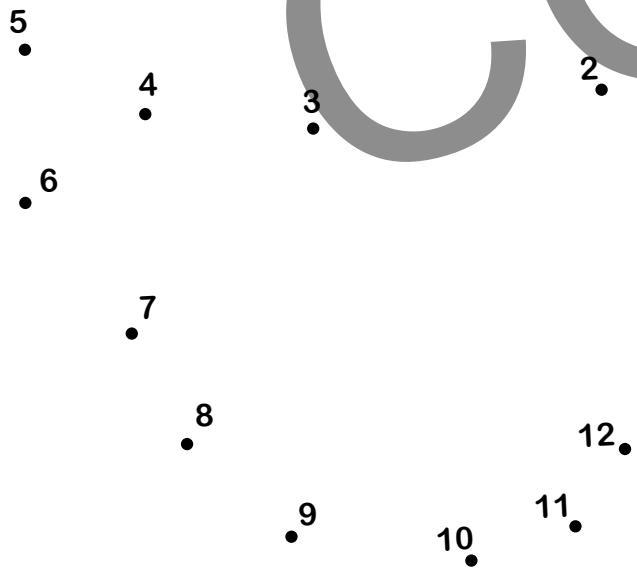


Give me ALL of your money!



# Super Petey has special powers like saying "No" to tobacco.

Connect the dots to reveal Super Petey's super hero pose!



I helped *Pete* THE PUP  
say "No" to Tobacco.



I'M SUPER TOO!

Name: \_\_\_\_\_

Date: \_\_\_\_\_ Age: \_\_\_\_\_