Smart Kids Say NO to Drugs!

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CHIEDREN'S EDUCATIONAL COLORING & ACTIVITY BOOK



Johnson County Sheriff's Dept.
Sheriff Mike Reece
EMERGENCY 9-1-1

"Secure Your Future-Be Drug Free!"

Smart Kids Say NO to Drugs!



This book belongs to

There are lots of things we can do to keep our bodies healthy and strong.



But there's something we should NOT do!



Drugs, alcohol and cigarettes are absolutely the worst, most gross, icky, nasty things you can do to your body.

Your body is an awesome machine.



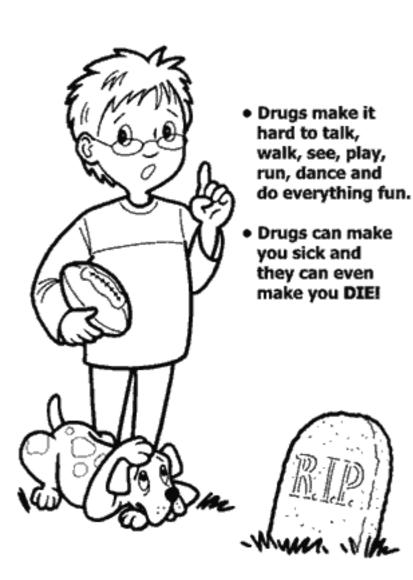
· It can run and leap and dance and sing.

 Your brain stores incredible amounts of information you learn at school.

· Your heart pumps life-giving blood.

 Your lungs give you oxygen you need to breathe. So why would anyone be dumb enough to take drugs, drink alcohol or smoke, which mess absolutely everything up?







WHAT ARE DRUGS?



- Drugs are CHEMICALS.
- Drugs change the way people THINK.
- Drugs change the way people FEEL.
- Drugs change the way people ACT.

DRUG PREVENTION STARTS WITH YOU!

You can change your mind about:

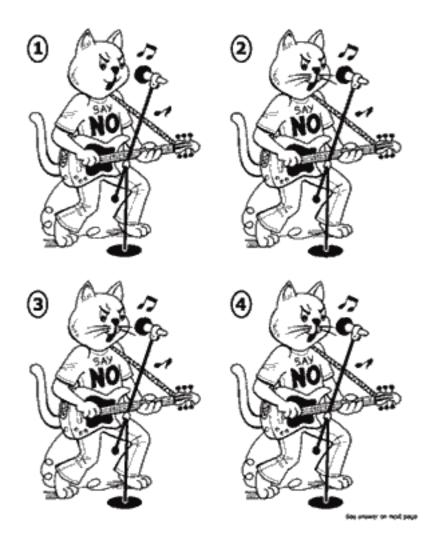
What song you want to sing.



10 WAYS TO SAY NO TO DRUGS, ALCOHOL AND TOBACCO!

- 1. NO! DRUGS ARE YUCKY!!
- 2. NO WAY! IT'S AGAINST THE LAW.
- NO! I PROMISED MY PARENTS I WOULD NEVER DO DRUGS.
- 4. NO! IT'S BAD FOR MY BODY.
- 5. NO! IT'S BAD FOR MY MIND.
- NO! I DON'T TAKE RISKS WITH MY HEALTH.
- NO! I DON'T NEED DRUGS TO HAVE A GOOD TIME.
- NO! I'M GOING TO PLAY WITH MY FRIENDS.
- 9. NO! I NEED ALL MY BRAINPOWER.
- 10. NO! I HAVE TO LEAVE RIGHT NOW!

WHICH ONE IS DIFFERENT?



THE WORDS ARE ALL MIXED UP.

wood **h**



Can you unscramble the words?

MINT: The word begins with the letter in black

1.	you	
2.	telhha	
3.	ate h r	
4.	g nus	
5.	ceand	
6.	holocs	
7.	lyap	
8.	irfdsne	

CHOOSE - DON'T LOSE!

Circle the healthy choices and mark a big X through the wrong choices.

Cigarettes Sports Baseball Ballet Soccer

Always Remember...



Fill in the missing word.

	Talk to your abou drugs.
2.	Stay away from
3.	Never cigarettes.
4.	Say no to
5.	Keep your body

BE A WINNER!

There are lots of ways to be a winner:





Smart Kids Say NO to Drugs!

I promise: To be smart and stay away from drugs, alcohol and tobacco. To believe in myself and who I want to be. To keep my body healthy. To make the world a better place for kids like me.

Sign your name here

