**Test Yourself!**
Do you know everything there is to know about PMA? Take this quiz and find out.

1. PMA and Molly are the same thing.
   a. True  b. False
2. You can easily tell the difference between PMA and Molly.
   a. True  b. False
3. PMA is called Dr. Death because of the high death rate of its users.
   a. True  b. False
4. Most people do not even know they are taking PMA.
   a. True  b. False
5. Testing kits can always tell the difference between PMA and Molly.
   a. True  b. False

Answers:  1. b; 2. b; 3. a; 4. a; 5. b

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**Daniel’s Story**
Daniel was a freshman in college with a bright future ahead of him. He was having fun experiencing new things and meeting new people. Daniel loved to go out with his friends on Saturday night and dance. He had always been kind of shy, so dancing was a great way of breaking out of his shell.

Daniel had never done drugs. When one of his friends, Shelly, asked him to do Molly with her at a dance party, he wasn’t sure what to do. Not wanting to look uncool in front of Shelly, Daniel decided to try it.

At first, he didn’t feel anything. After a while, Daniel began to overheat while dancing and became delusional. He was afraid that if he went to the hospital he would be in trouble for taking drugs, so he sat down and tried to cool off. His friends noticed that Daniel didn’t look so good, so they called 911. When the medics finally arrived at the dance party, it was too late for Daniel. He had died from a brain hemorrhage due to his extreme body temperature.

**Refusal Tips for Kids**
Here are a few ways to say “No” if you are offered Molly or PMA.

- “No thanks, that stuff can kill you!”
- “Nah, you can’t even really know what that stuff is.”
- “No thanks, I have a lot of things to live for.”
**What is PMA?**

PMA stands for para-Methoxyamphetamine or PMMA stands for 4-methoxyamphetamine and both of these drugs are being passed off as Molly or MDMA when being sold at dance parties or on the street. The main difference between PMA and Molly is that PMA is much more dangerous and almost always results in the victim’s death. Because PMA reacts differently in the body than Molly and takes longer to take effect, many believe that they have taken a weak version of Molly and so they take another pill. Unfortunately the dose curve of PMA is much higher than that of Molly and the victim will likely overdose, essentially cooking their brain when their body reaches temperatures of upwards of 110 degrees.

In the past year alone, PMA has been found all over the United States and Europe and has caused over one hundred deaths. It is nearly impossible to tell MDMA and PMA apart without chemical testing in a lab. Is the risk of almost certain death really worth it?

**Identifying PMA**

Molly’s Evil Twin

Some users simply call the drug what it is, PMA, but on the street there are several different names for PMA, like:

- Death
- Dr. Death
- Pink Ecstasy
- Green Rolex

PMA generally looks similar to Molly, a brightly colored tablet with various logos or in a powder form. However, almost all users who have taken PMA thought they were taking Molly.

**It's Safe to Take, Right?**

Short-term Effects of PMA

- Nausea/Vomiting
- Extreme headaches
- Delusions
- Fever
- Overheating to the extent of Death

Long-term effects of PMA are not known since most people do not know they are taking it or do not live to tell the tale. So, you may ask yourself why anyone would market a drug known to kill its user nine times out of ten. The reason is that the main ingredient used to manufacture Molly has become scarce so the illegal drug trade needed a way to replace it. They started making PMA because it has a main ingredient that is easily available and not regulated in any way. When the final product is produced you cannot tell the difference between PMA and Molly.

Essentially, taking a drug you “think” could be Molly is like playing Russian roulette. You cannot know if what you are actually taking is PMA.

**The Truth About Testing Kits**

There are many online forums that say all you have to do to make sure you are taking MDMA and not PMA is to purchase a testing kit and use it before you take the drug. This, however, is simply not the truth. Since these kits have become a popular way to test for PMA, manufacturers have started putting trace amounts of MDMA with the PMA in order to trick the test to give a positive reading that the pill is MDMA.

What’s even worse is that the combination of PMA and MDMA ingested together amplifies the symptoms and side effects, making the combination more dangerous. Plain and simple, there is no safe way to test for PMA. Risking your life for a night of fun is just not worth it.

**What should you do if you think you have accidentally taken PMA?**

- Call 911 or go to the hospital immediately.
- Try to stay hydrated while waiting for medical care by drinking lots of water.
- Keep yourself as cool as possible by wearing less clothing and applying ice packs.

The longer you wait to seek medical help, the greater danger you are in, so don’t think about criminal consequences; take action immediately!